

Sparrows Point Country Club

Swimming Pool Rules and Regulations

Responsibility and Authority of the Pool Manager

The Pool Manager is in full charge of the pool's operations. He/she has been directed to continue the Club's high standards for safety, cleanliness, and order. He/she is authorized to restrict any action on the part of the pool users which, in his/her judgment, may be prejudicial to the interests or enjoyment of the members as a whole.

Pool Hours

- A. The pool officially opens the Saturday of Memorial Day week-end. The closing date will be set forth each year.
- B. Pool hours will be set forth each year.
- C. The pool may be closed at any time by pool management, after consulting the management of the Club, due to mechanical failure, operational difficulties, or inclement weather.

Admission to the Pool

- A. **Members**
 1. Members must sign in upon entering the pool facility. Your cooperation in signing in helps the pool management company keep accurate records on pool usage. This ensures adequate lifeguard coverage now and in the future.
- B. **Guests**
 1. Guests are permitted in the pool, but they must be accompanied by a Club member. When a member leaves the grounds, the guest must also leave.
 2. All guests must be identified as such and be signed in.
 3. Applicable guest fees will apply.

Personal Property

- A. There are no lockers provided in the changing rooms.
- B. The Club does not provide facilities for the safekeeping of valuables or other personal property. The Club and Pool Management Company shall NOT be responsible for the loss or damage to personal property of any kind. Money and other valuables should not be left unattended.
- C. Lounge chairs and umbrellas are provided for members and guests use.
- D. Towels are not provided at the pool.

Safety

- A. **Non-swimmers, for their own safety, must stay at the shallow end, whether in the pool or on the surrounding deck.**

- B. Children under the age of 14:
 - 1. Must be accompanied by a parent, responsible adult, or a designated guest at least eighteen (18) years of age.
 - 2. In order to use the diving board or enter deep water, children must pass a swim test. A lifeguard will administer the test. To pass the test, a child must:
 - a. Swim the width of the pool twice. (no doggie paddle)
 - b. Tread water for thirty (30) seconds
 - c. After successful completion of the swim test, the child will be given a special wristband to wear, and their name will be documented in a book listing those who have passed the swim test.
 - 3. Whenever the child is in the large pool and the child has not passed the Club's swim test, as designated by the wearing of the required wrist band, the parent, responsible adult or designated guest must be in the water with the child. The safety of that child is the exclusive responsibility of that child's parent, responsible adult, or designated guest, and not the responsibility of the Club or pool management company.
 - 4.
 - a. Life preservers, inner tubes, water wings, floatation mats and rafts are not permitted in the pool at any time. These floatation devices may create a false sense of security, where the parent may not be observing their child in the large pool. Floatation devices are not a substitute for parental supervision. Noodles are allowed for adults; and children under 18 years of age, who have passed the Club's swim test and are wearing the designated wrist band. Noodles and kickboards are prohibited for use by all non-swimmers unless accompanied by an adult in the water.
 - b. The use of life jackets including Coast Guard approved life jackets is prohibited. See attached addendum for additional information.
- C. The lifeguard must be on duty and the pool officially open before any user is allowed in the water or pool area.
- D. Running, pushing, ducking, wrestling, ball playing, or other unsafe conduct, or causing undue disturbance in or about the pool area will not be tolerated.
- E. Intoxicated persons will not be admitted. Persons, who appear to be intoxicated, while at the pool may be asked to leave.
- F. All swimmers shall exit the pool when the lifeguard leaves his/her station, or upon the lifeguard's request in the event of an emergency.
- G. Upon instructions of the Pool Manager, everyone will be required to get out of the pool in the event of endangering storms.
- H. Glass, china, or plastic containers of any kind that can shatter, including thermos bottles and lotions or cream containers may not be brought in the pool area.
- I. An eight (8) foot restricted area has been designated on the concrete apron around all four sides of the pool. This area is to be used only as a walkway and access to and from the pool. Sunbathing and the use of lounge chairs will not be permitted inside the designated area.
- J. Unattended baby strollers and baby carriages are not permitted within eight (8) feet of the pool.

- J. Please refrain from unnecessary conversation with the lifeguards, as they must give their undivided attention to the assigned duties
- K. **All personal injuries, however slight, must be reported to the lifeguard on duty.**

Wading Pool Rules

- A. Children may use the wading pool only when accompanied by a parent or guardian. The parent or guardian must remain in the wading pool area with the child at all times
- B. Children over the age of eight (8) are not permitted to use the wading pool.
- C. Rough play and running are not permitted.

Diving Board Rules

- A. Only one person is permitted on the diving board at any time.
- B. Only one bounce on the board
- C. The Diver must go straight off the board, no inward or cut away dives are allowed.
- D. The diving well must be clear before anyone can go off the diving board.
- E. Divers must go immediately toward the ladder to exit the water.

Health

- A. Persons having skin infections, open sores, bandages of any kind, excessive sunburn, inflamed eyes, colds, nasal or ear discharges, or any kind of communicable disease will not be permitted to enter the pool.
- B. All bathers must shower before entering the pool. Bathhouses and showers are provided.
- C. Infants and children wearing diapers or swim diapers or who are not toilet trained, are not permitted in the main pool at any time.
- D. Infants and children wearing diapers or are not toilet trained, shall be permitted in the wading pool, but must wear tight fitting rubber pants, snug fitting swim diapers, or "Huggies Little Swimmer" swim pants.
- E. No pets are allowed in the pool area at any time.
- F. All trash is to be deposited in the appropriate receptacles.

Conduct and Appearance

- A. No abusive or profane language or breach of peace will be tolerated.
- B. All persons use this facility at their own risk and in conformance with all rules and regulations.
- C. The lifeguards are responsible for the strict enforcement of the rules and regulations.
- D. Individuals may be barred from the pool or pool area, at the discretion of the lifeguards, Pool Manager, or Club management for violation of said rules or for any other reason which, in their judgment, constitutes a hazard to others or to the operations of the pool.
- E. Written documentation of members and guests being removed from the pool and pool area are to be filed with the Pool Manager and Club management within twenty-four (24) hours of the action being taken.
- F. Chewing gum is not permitted in the pool area at any time.
- G. Only proper type bathing suits are permissible. Cut-offs, walking shorts, thongs, and apparel of the like are not permitted.

- H. Members and guests must conform to the appropriate dress code when entering and leaving the pool area. This dress code is available on the SPCC web site and at the pool and club office.

Members' Responsibilities

- A. Members will be held responsible for all actions of their guests.
- B. The cost of any property damage will be charged to the responsible party.
- C. Beverages and food may not be brought in the pool area from outside the club grounds. Food and beverages must be consumed in designated areas. Picnics are not permitted in the pool area.

Addendum

The use of life jackets in pools as a substitute for parental supervision creates a false sense of security because, in order for a life jacket to work as intended, it must be Coast Guard approved, in good and serviceable condition, and the appropriate size for the intended user. Appropriate size depends on the life jackets' composition and the weight of the user and whether it fits snugly and does not allow the users chin or ears to slip through. Good and serviceable condition depends on continued buoyancy. Waterlogged or leaky jackets are not adequately buoyant and should be discarded. Buoyancy must be confirmed yearly. Additionally, children may remove the life jacket to go to the bathroom and not put it back on because they do not appreciate the inherent danger.

Life Guards are not trained in the specific inspection of Coast Guard approved life jackets. They will not assume responsibility for inspecting each life jacket for the above mentioned requirements to determine the adequacy of the life jacket. For this reason, Coast Guard approved life jackets are prohibited in the pool.